

## Covid-19 Update - Lockdown 2 - 5<sup>th</sup> November 2020

The clinic is open to all patients, throughout the second lockdown.

To be able to offer our services, new clinic operating guidelines are in place, this is following on from a clinic risk assessment, and this risk assessment will be reviewed and updated as and when instructed by the Government and / or the BCA.

- Please **DO NOT** attend the clinic if you have had any symptoms of Covid-19 or have been told to self-isolate, The main symptoms of coronavirus (COVID-19) are:
  - A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
  - A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
  - A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.
- The waiting area is in use, however if you can remain outside the building until your appointment time this will help prevent congestion in the clinic, the toilet will only be available for use in emergencies. You will not be able to bring anybody with you into the clinic for your appointment. I also ask that you remove any unessential items prior to entering the clinic, i.e. handbags, watches, jewellery etc. If you decide to leave these items in your car outside, this is done so at your own risk.
- Please be on time for your appointment, the door should be open, if it is locked then please ring the doorbell. You will need to bring your own face covering / mask. This does not need to be a surgical mask. If you do not bring your own face covering then I will then issue you with a face mask (type IIR) you will be charged 50p for this, these masks are single use and will be disposed of when exiting the clinic.
- On entrance to the clinic please use the hand sanitiser provided then take a seat in the waiting area.
- I will not be providing gowns for patients to change into, please wear comfortable, loose fitting clothing for your appointment that allows reasonable access to the affected areas.
- I will still be accepting cash payments, however contactless is preferred, so please remember to bring a card with you.
- After your appointment, please use the hand sanitiser again before exiting the building.
- There will be a short break between each appointment for the table to be cleaned and to allow me to change my own PPE before each new appointment.